

# STOP

40 million people have HIV  
350 million have inherited HBV  
210 million have transfusion HCV

# CAUTION

HIV, HBV and HCV  
Can live in spilt blood  
and infect via contact  
with an open wound

# USE BLOOD HYGIENE

Active plastering of all wound  
gateways using gloves, then  
Bleach Kill the Spill & Virus's



# BECAUSE

1 in 10 people on Earth and  
1 in 75 people in the UK  
Bleed a blood virus now.

## **Valuable Precautions - Blood Hygiene – Get Hepatitis B Vaccinated**

It is important to know your standard precautions when dealing with wounds and spilt blood. We have become aware of the threat from water Bourne viruses eg cholera, from air Bourne e.g. flu, from sex eg HIV, but we are nationally falling short with blood borne e.g. viruses from transfusion or wound.

**Firstly**, use only Bleach and wear Gloves for cleaning blood spills. Only Bleach kills the virus out of the body via its heat. Other cleaning agents don't work. Wash hands and use gloves before dressing a wound.

**Secondly**, use plasters; with a blood virus it is always important to promptly plaster any flowing wound (a **gateway for infection** into your system). Remember one in 10 people on Earth now bleed blood viruses HBV, HCV, HIV, and use prompt plasters on your own gateways.

**Thirdly**, watch where you bleed, it is necessary to think where spilt blood can live shared razors, shared DIY tools, and sharp milk teeth at school. Teach children, especially boys, that blood is in no way for display, a la Hollywood.

**Fourthly**, don't fight, in Australia, risk questioning found high numbers (most) of infected co-habitors have a history of domestic violence. Fighting is proven by the International Boxing Federation to transmit Hepatitis B at a rate of every 10 rounds, so this risk needs to be taken very seriously. Also in the co-habitors of injectors, almost all of the infected reported needles stick injuries.

In occupational settings, the Department of Health recommend HBV vaccination for many professions, **tattoo parlours, piercing venues, funeral and beautician parlours, barbers, cleaners, sewage workers** (blood is usually present in fascies) **doctors, nurses, sportspeople, first aiders, emergency and security** staff, also **all custodial staff** of violent or disturbed patients, eg Alzheimer's, Autistic and Psychotic illnesses all expose staff to much increased wounding risks and finally workers who often bleed Butchers and many manual workers. In fact right across almost a million "blood workers" real education, vaccination and training is needed.

Especially the facts about disease prevalence, globally 1 in 10 humans bleed a blood virus and death rate 1 in 10 undiagnosed viral infected die of cancer (the UK is 80% undiagnosed), have sparked blood hygiene globally.

A great deal of education is needed to get the protections enjoyed by wealthy footballers into our poorer, inner city schools. Statistically, our children are a lot more likely to touch infectious blood than come across HIV in the course of their lives. Yet currently, in the UK you will be called alarming if you request milk teeth blood hygiene at your local Primary School.

Blood workers especially need training in the fact that if a HCV particle is equivalent in size to a marble, a syringe would be 75 miles high, i.e. it cannot be cleaned, it has to be killed with bleach. Plus the enormous value of testing your liver status after and during years of service as a blood worker.

**With at least 10% of infections having no clear cause, unhygienic blood spill, is becoming a major suspect.**